



## Charina Cruz

Charina Cruz is a holistic career coach whose mission and purpose is help people achieve

Harmonious Success. Her quest has taken her around the world – living, inspiring and coaching in 6 continents. With over 15 years of experience, she brings a diverse background in facilitating, recruiting, consulting and business management from a wide range of industries such as healthcare, education, STEM, creative arts, finance and international development.

She's one of Canada's top Career Coaches and regularly gets interviewed by news outlets like CBC's "The National" and The Globe and Mail. She loves to partner with clients across the spectrum of their careers - from entrepreneurs to C-level executives, from non-profits to unicorns. Combining supportive honesty and a good dose of humour, she strongly believes that cultivating a career and life you deserve should be a fun adventure. She's passionate about growth flourishing, is happiest providing value and positive impact in anyway.